



**Swiss Vitamin Institute**  
**155 chemin des Boveresses**  
**1066 Epalinges**

Tél. 021 692 56 60  
Fax 021 692 56 63  
www.swissvitamin.ch

### 1. Patient

Last name :  
Name :  
Gender :  
Date of birth :

### 2. Applicant – Name, address and division of the laboratory

### Attending physician

### 3. Sample

Date and time of blood test :  
Sending date :

### 4. Clinical indications

Diagnosis :

### 5. Determination of vitamins

- |  |                            |   |   |                                      |
|--|----------------------------|---|---|--------------------------------------|
| <input type="checkbox"/> A                             | <input type="checkbox"/> E | <input type="checkbox"/> B <sub>1</sub> | <input type="checkbox"/> B <sub>12</sub>              | <input type="checkbox"/> Biotin (H)  |
| <input type="checkbox"/> RBP (Retinol-Binding Protein) | <input type="checkbox"/> D | <input type="checkbox"/> B <sub>2</sub> | <input type="checkbox"/> Pantothenic acid             | <input type="checkbox"/> C           |
| <input type="checkbox"/> β-Karotin                     | <input type="checkbox"/> K | <input type="checkbox"/> B <sub>6</sub> | <input type="checkbox"/> Folic acid (B <sub>9</sub> ) | <input type="checkbox"/> PP (Niacin) |

### 6. Practical information

#### 1. QUANTITY

**0.5 ml of serum or plasma** for one vitamin  
**1.0 ml of serum or plasma** for 2-5 vitamins

*NB – Any coagulant can be used*

#### 2. PACKAGING

- In unbreakable watertight tubes
- Wrap up the tube with an aluminium foil for the analyses of light sensitive vitamins A, E, D, K and B<sub>2</sub>
- With patient's name, attending physician's name and date of blood sample
- Enclose this form duly and legibly filled out

#### 3. SENDING

- Bring immediately the blood sample to the Institute or
- Froze the blood sample at -20°C and send it in a cooling packaging, **especially for the determination of vitamin C**

*NB – Please do not send samples on Friday !  
Thank you for your help*

### **Do not write in this box**

Received on : .....